



INTERNATIONAL BADMINTON CAMP 2024

Intensive Badminton camp from 2nd to 6th January 2024 in Bolzano city, with international level Coaches Csaba Hamza & Stich Erika Henriete (from Italy) and special guest from Poland (Wojciech Szkudlarczyk), from Denmark (Camilla Martens) and from Indonesia (Davin Rutama) will support the players. SBS - Südtirol Badminton School physical preparation's Coach (Federico Tiribello) will lead the gym sessions



Program

Badminton training sessions & Physical preparation Start: 2nd January 2024, at 10:00 End: 6th January 2024, at 13:00



Groups

From under 11 till Senior category if competition level Players will work in separate groups in order of level



Sporthall

Institute "Max Valier" of Bolzano, Via Sorrento n.20 n.11 Badminton courts on wooden floor



Food & Lodging

Restaurant "La Grolla" at walking distance (100m from Sporthall) with conventional price/lunch & dinner For accommodation in Youth Hostel, Apartments or Hotels please contact organisation till 31/10/2023



Outdoor

Visit the "Thermal Bad of Merano" Christmas market in Bolzano



Costs

€ 200 Training fee, including shuttlecocks IBAN: IT47L0808111600000300063070 BIC: RZSBIT21003 Account name: A.S.D. SPORT PROMOTION BOLZANO Address of organizer: Via Dante n.4 - 39100 Bolzano



Please contact Mr Csaba Hamza (Mobil: +39 328 3334331, E-mail: csaba.hamza1966@gmail.com) Time limit: 15th November 2023



